



- **HIMALAYAN CRYSTAL TABLE SALT**



Use natural Himalayan Crystal Salt for baking and seasoning vegetables, one-pot casseroles, salads, dips, soups, and meat and fish dishes. Because of the purity of the Himalayan Crystal Salt, the taste is more pleasant and we need less than with the common table salt or sea salt.

It is recommended to use less of the Himalayan Crystal Salt than your common table salt. The natural Himalayan Crystal Salt may assist with blood pressure balance; high blood pressure may decrease and low blood pressure may increase.

Heartfeltliving® offers the Himalayan Crystal Salt fine ground “table salt” for cooking and baking, “coarse salt” for the salt grinder and “rock salt” for making the “sole”.

- **HOW TO RECOGNIZE PURE HIMALAYAN CRYSTAL SALT**

The pure Himalayan Crystal Salt will maintain its natural pinkish colour even when finely granulated. Our Himalayan Crystal Salt, you can be assured, is of this high quality. The purity of this Himalayan Crystal Salt gives it a pleasant taste.

"Our Himalayan Crystal Salt is tested in a Canadian ISO 9001 registered laboratory"

- **ORGANIC VEGETABLES & HERBS MIXES WITH HIMALAYAN CRYSTAL SALT**

These tasty organic vegetables & herbs mixes with our high quality Himalayan Crystal Salt, enriches each meat and fish dish as well as salads and soups.



We offer them with 4 choices:

“Hungarian Fire”

“Hungarian Fire ‘mild’”

“Garlic & Ramson”

“Italian”