



- **BOOK**

"The Essence of the Primeval Sea - Himalayan Crystal Salt - Origin, active principles and treatments" by Dr. Jürgen Weihofen.

The author, Dr. Jürgen Weihofen, holds an advanced degree in nutritional science and home economics and is also lecturer and author in the field of health and nutrition. It has been translated from the German origin by the order of Heartfeltliving® Health Products Inc. where the book also can be purchased. It is an easy to read and affordable book with a lot of information about the Himalayan crystal salt, its use and benefit.